

# Medi-Cal Choices

## For People with Disabilities and Seniors In Kern County

This insert can help you decide which kind of Medi-Cal is best for you.

If you live in Kern County and are a person with a disability or a senior,  
you can choose to be in Regular Medi-Cal,  
Health Net, or Kern Family Health Care.

Health Net and Kern Family Health Care  
are Medi-Cal Health Plans.

If you join one of these Plans, you still have Medi-Cal.

To learn about the Plans in your county, call

**Health Net: 1-800-675-6110**

**Kern Family Health Care: 1-800-391-2000**

For more information, call

**Health Care Options: 1-800-430-4263**

**Regular Medi-Cal:** There is no phone number to call.

Please look inside for more useful phone numbers.



# Your Medi-Cal Choices in Kern County:

- Use this chart to compare your Medi-Cal choices.
- If you want to join Health Net or Kern Family Health Care, call **Health Care Options** at **1-800-430-4263** and ask for an enrollment packet. You can also enroll over the phone.
- If you want to stay in Regular Medi-Cal, do not do anything.

	Medi-Cal Health Plans		Regular Medi-Cal (No phone number) www.medi-cal.ca.gov	See page:
	Health Net 1-800-675-6110 www.healthnet.com	Kern Family Health Care 1-800-391-2000 www.kernfamilyhealthcare.com		
<b>Basic Services</b>				
Basic Medi-Cal Benefits	Same	Same	Same	p. 6
24-Hour Advice Nurse	Yes	Yes	No	p. 12
Customer Service Phone Hours	7 days a week 24 hours	Mon–Fri 8 am–5 pm	None	p. 33
Interpreter Services	Yes	Yes	Call your doctor or clinic.	p. 28
To Get a List of Covered Drugs	1-800-675-6110	1-800-391-2000	Ask your doctor or pharmacist.	p. 14
<b>Costs to You</b>				
Cost for Doctor Visits	\$0	\$0	\$0	p. 8
Cost for Drugs	\$0	\$0	\$0–\$1	p. 8

**Hospitals you can go to for medical care are listed below.**

You will usually go to the hospitals that your doctor works with.

For hospitals where you can go for mental health care, call 1-661-868-8111.

Health Net	Kern Family Health Care	Regular Medi-Cal
<ul style="list-style-type: none"><li>• Bakersfield Memorial Hospital</li><li>• Delano Regional Medical Center</li><li>• Good Samaritan Hospital</li><li>• Kern Medical Center</li><li>• Kern Valley Hospital</li><li>• Mercy Hospital</li><li>• Mercy Southwest</li><li>• Ridgecrest Regional Hospital</li><li>• San Joaquin Community Hospital</li><li>• Sierra View District Hospital</li></ul>	<ul style="list-style-type: none"><li>• Bakersfield Memorial Hospital</li><li>• Children's Hospital of Central California</li><li>• Delano Regional Medical Center</li><li>• Kern Medical Center</li><li>• Kern Valley Hospital</li><li>• Tehachapi Hospital</li><li>• UCLA Medical Center</li></ul>	<ul style="list-style-type: none"><li>• Bakersfield Memorial Hospital</li><li>• Delano Regional Medical Center</li><li>• Good Samaritan Hospital</li><li>• Heart Hospital of Bakersfield</li><li>• Kern Medical Center</li><li>• Kern Valley Hospital</li><li>• Mercy Hospital</li><li>• Ridgecrest Regional Hospital</li><li>• San Joaquin Community Hospital</li><li>• Tehachapi Hospital</li></ul>

**Useful Phone Numbers**

**Denti-Cal**

1-800-322-6384

For information about dental care that is covered by Medi-Cal for people under age 21

**Kern County Aging and Adult Services**

1-661-868-1000

For information and referrals to many services for people with disabilities and seniors

**Kern Mental Health Department**

1-661-868-8111

For information about Mental Health Services

**Alcohol and Drug Programs**

1-661-868-6600

For help with alcohol and drug problems

